

Knowledge Organiser: Year 5 Handball

Prior Learning: Developed 3 step rule incorporating bounce. Defended and prevent attacks by blocking and intercepting. Passed and move with the ball to set up attacks. Demonstrated and implement the rules of handball.

Equipment needed: Handballs, cones, bibs, stopwatch, hoops, goals.



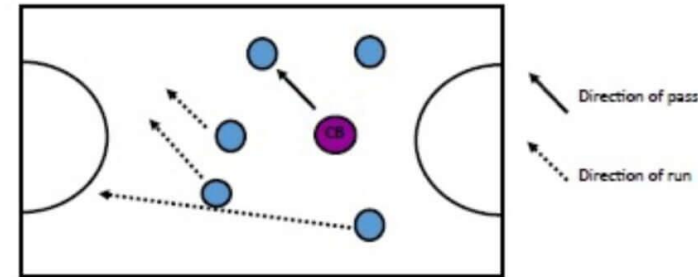
Jump shot

Key Vocabulary/Skills	
Practice and attempt jump shot.	Dribble, block, screen, pivoting, steps, double fault, offensive foul, free throw.
Closing angles as goalkeeper.	
Use offensive dribbling.	
Pivoting to make successful passes.	
Set plays.	

Unit Focus: Use specific handball skills in games. Begin to play effectively in different positions. Increase power and strength of passes, moving the ball over longer distances. Use a wide range of handball rules consistently.

Key Questions:

1. Which areas of handball do you feel you need to work on?
2. What is a set play?
3. Can you name any other sports that would use set plays?



Head: Play in formations and execute 'set plays' in game situations

Hand: Use an offensive dribble to progress quickly up the court.

Heart: Explain how a team's passage of play was successful.

Rules:

- You cannot pull or hit the ball out of a player's hand, but you can have your hands up in front of them to attempt to block the pass
- Play with 'throw offs' which are used at the start of each half and after a goal scored.

