**Personal, Social, Health and Economic Long Term Plan**

Our long-term plan incorporates the 1decision units as per our adopted scheme alongside the No Outsiders programme. This curriculum long term offer is also enhanced with Forest School and a range of visits or visitors to our school that promote aspirations, safety and wellbeing.

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|  | **AUTUMN**  (Approximately 14 weeks) | | **SPRING**  (Approximately 12 weeks) | | **SUMMER**  (Approximately 13 weeks) | |
| **Rec** | See the EYFS curriculum of Personal, Social and emotional development | | | | | |
| **Year 1** | Keeping/Staying Safe  Baseline Assessment Road Safety  First Aid | Keeping/Staying Healthy  Baseline Assessment  Washing Hands  Relationships  Baseline Assessment  Friendship | Being Responsible  Baseline Assessment  Water Spillage  Feelings and emotions  Baseline Assessment  Jealousy  First Aid | No Outsiders Y1 –  **‘Elmer’** – Liking yourself  **‘My Grandpa is Amazing’** –recognising different ages.  **‘Max the Champion’** –understanding our bodies work in different ways  Computer Safety  Baseline Assessment Online Bullying | Our World  Baseline Assessment  Growing in Our World  First Aid | Hazard Watch  Baseline Assessment  Is it safe to eat or drink?  Fire Safety  Baseline Assessment  Hoax Calling |
| **Year 2** | Keeping/Staying Safe  Tying Shoelaces  Keeping/Staying Healthy  Healthy Eating  First Aid | Keeping/Staying Healthy  Brushing Teeth  Relationships  Bullying | Relationships  Body Language  Being Responsible  Practice makes Perfect  First Aid | No Outsiders Y2 –  **‘The Great Big Book of Families’** – understanding diversity.  **‘Just Because’** – being proud of differences  **‘Blown Away’** – working with everyone in my class  Being Responsible  Helping someone in Need | Feelings and emotions  Worry  Anger  Computer Safety Image sharing  Computer Sharing  First Aid | Our World  Living in Our World  Working in our World  Fire Safety  Petty Arson  Texting when driving |
| **Year 3** | Keeping/Staying Safe  Staying Safe  Leaning Out of Windows  Summative Assessment  First Aid | Keeping/Staying Healthy  Medicine  Summative Assessment  Relationships  Touch  Summative Assessment | Being Responsible  Stealing  Summative Assessment  First Aid | No Outsiders Y3 –  **‘Oliver’** – understanding how difference can affect others  **‘This is Our House’** –understanding what ‘discrimination’ means.  **‘Two Monsters’** –finding solutions to problems.  **‘The Hueys in the New Jumper’** – Using strategies to help others who feel different. | Feelings and emotions  Grief  Summative Assessment  Computer Safety  Making Friends Online Summative Assessment  First Aid | Our World  Looking After Our World Summative Assessment  Hazard Watch  Is it safe to play with? Summative Assessment  Fire Safety  Visit to Fire Station  Summative Assessment |

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| **Year 4** | Keeping/Staying Safe  Baseline Assessment  Cycle Safety  Keeping/Staying Healthy  Baseline Assessment  Healthy Living  First Aid | Being Responsible  Baseline Assessment  Coming Home on Time | Growing and Changing  Baseline Assessment  Appropriate Touch (relationships)  First Aid | No Outsiders Y4 –  **‘Dogs Don’t Do Ballet’** – being assertive  **‘King and King’** – getting married.  **‘The Way Back Home’** –overcoming language barriers.  **‘The Flower’** – asking questions  **‘Red: A Crayon’s Story’** – be who you want to be | Feelings and emotions  Baseline Assessment  Jealously  Computer Safety  Baseline Assessment  Online Bullying  First Aid | The Working World  Baseline Assessment  Chores at home  A World Without Judgement  Baseline Assessment  Breaking Down Barriers |
| **Year 5** | Keeping/Staying Safe  Peer Pressure  Keeping/Staying Healthy  Smoking  First Aid | Being Responsible  Looking Out for Others | Growing and Changing  Puberty  First Aid | No Outsiders Y5 –  **Where the Poppies Grow Now** –learning from our past.  **Rose Blanche** –justifying my actions.  **How to Heal a Broken Wing** –recognising when someone needs help.  **And Tango Males Three** –accepting people who are different. | Feelings and emotions  Anger  Computer Safety  Image Sharing  First Aid | The Working World  Enterprise  A World Without Judgement  Inclusion and Acceptance |
| **Year 6** | Keeping/Staying Safe  Water Safety  Summative Assessment  First Aid | Keeping/Staying Healthy  Alcohol  Summative Assessment  Being Responsible  Stealing  Summative Assessment | Growing and Changing  Conception  Summative Assessment  First Aid | No Outsiders Y6 –  **‘Love you Forever’** –life changes as we grow up.  **‘The Island’** –challenging racism  **‘The Thing’** – welcoming differences and standing up to discrimination.  **‘Leaf’** – overcoming fears about differences. | Computer Safety  Making Friends Online  Summative Assessment  Feelings and emotions  Worry  Summative Assessment  First Aid | The Working World  In-App Purchases  Summative Assessment  A World Without Judgement  British Values  Summative Assessment |